

Washington County Children's Mental Health Services

Mental Health Crisis Hotline – provides phone, walk-in, and mobile crisis services

*SPHS – 1-877-225-3567

Children and Adolescent Service System Program (CASSP) – is designed to help children and adolescents with severe emotional challenges gain access to necessary services. Services are planned collaboratively with the child's or adolescent's family, the mental health system, the school, and other agencies.

- Services are planned in collaboration with other child-serving systems already identified in the child's life. Representatives from these systems collaborate with the family to define goals for the child, develop a service plan, and develop the necessary resources to implement the plan, provide appropriate support to the child and family and evaluate the child's progress.
- The principals of CASSP are child-centered, family-focused, community-based, multi-system, cultural competence, and least restrictive/least intrusive

*Rebecca Salsbury, CASSP Coordinator – 724-250-4805

Administrative Case Management (ACM) – the least restrictive level of case management that provides resources to the child/adolescent/family upon request. Connects families with and makes referrals to appropriate supportive resources. Can attend meetings upon request; best described as “reactive”.

*Center for Community Resources (CCR) - 724-914-3058

Blended Case Management (BCM) – a more intensive level of case management that provides advocacy and support to the child/adolescent and family on a minimum of monthly basis. Contact with the child/family/providers increases as the need increases; best described as “proactive”.

*Washington Communities – 724-229-2590

*SPHS Behavioral Health – 724-489-0215

*Centerville Clinics (CCI) – 724-632-6801 / 724-938-2099

Student Assistance Program (SAP) – a collaborative service provided by Mental Health, Drug and Alcohol liaisons and Education in the educational environment. Liaisons attend weekly meetings in the school to review cases (i.e. students) who are having difficulty academically that may be a result of “outside” influences (i.e., mental health instability, substance usage, family challenges). The liaisons consult with the SAP team to help in designing a supportive plan for the student, and if necessary, will conduct an assessment to determine if “outside” supportive services are appropriate and help the parent connect with the appropriate agency.

*Center for Community Resources (CCR) – 724-914-3058

Outpatient – Individual and group therapeutic counseling services provided in an office setting.

Some providers of this service:

*Washington Communities

*SPHS Behavioral Health

*Centerville Clinics

*SPHS / CARE

*Cornerstone Care

*Wesley Spectrum

*Psychiatric Care Systems

**Provide MH Outpatient
in all 14 School Districts**

Parent Child Interaction Therapy (PCIT) - PCIT is a parent training intervention that teaches caregivers specific behavior management techniques for use with their child. PCIT is for children ages 2-7 with emotional and behavioral problems. PCIT places an emphasis on improving the quality of the caregiver-child relationships and interactions.

*Centerville Clinics – 724-632-6801

*SPHS Care Center – 724-229-3430

*SPHS Behavioral Health – 724-684-6489

Intensive Behavioral Health Services (IBHS) - IBHS interventions and supports for a children, youth or young adults under the age of 21 with mental, emotional or behavioral health needs. Services can be provided in the home, school or other community setting. IBHS include Individual Services, Applied Behavior Analysis Services, or ABA Services, Group Services, and Evidence-Based Therapy, or EBT, provided through Individual Services, ABA Services or Group Services.

Types of Services Include: Behavioral Consultant (BC) - includes assessment of a child's, youth's or young adult's needs and development of a treatment plan that includes the interventions that will be used to meet the identified need; Mobile Therapist (MT) - Provide therapy to a child, youth, or young adult and family members to work on identified goals for the child, youth or young adult; and Behavioral Health Technician (BHT) - Implement a child's, youth's or young adult's individual treatment plan and transfer skills.

A written order is required to begin IBHS services. The written order is valid for 12 months and orders one or more IBHS for the child, youth or young adult. It includes the maximum number of hours of each service per month and the settings, such as home, school or community, where services may be provided. The written order must come from an individual with a qualifying license and a Promise ID Number.

Social Skills Groups (through IBHS Group Services) – a medically necessary service provided to individuals that have an Autism Spectrum Disorder (ASD) diagnosis. Because of the difficulties children with this diagnosis have in social situations (i.e., social cuing, understanding speech, body proximity), this service provides the children with the opportunity to learn skills in a therapeutic environment with trained staff to make social situations more comfortable for them.

This service is evaluated regularly to determine continued need. Recommendations can be made through written orders (as explained above) or through psychological/psychiatric evaluations.

- ***Wesley Wonder Kids** – 412-564-1172
- ***NHS Stepping Stones** – 724-924-4677 (Waterdam)
724-239-2539 (Ellsworth)

Family Based Mental Health Services (FBMHS) – a medically necessary service provided by a team of 2 mental health professionals, in the home, school, and community, focusing on structural family therapy, with consumer-driven goals and objectives. These services can be recommended by a psychological or psychiatric evaluation or prescription letter from a psychiatrist (with evaluation to follow within 30 days).

- ***Centerville Clinics Family Based** - 724-228-8420
- ***Pressley Ridge Family Based** – 724-225-4400
- ***Southwood Family Based** – 724-338-4080
- ***Wesley Family Services** – 412-458-6434

Multi-Systemic Therapy (MST) – an evidence-based support service to a child/adolescent (currently in Children and Youth or Juvenile Probation) provided by a mental health professional to a child and family to prevent further decompensation and more restrictive treatment.

- ***Adelphoi Village** – Kristin Bonuito 724-579-4840

Partial Hospitalization (PHP) – a medically necessary service provided to a child/adolescent that is in need of daily support for mental health and educational success. Child/adolescent must have an IEP (Individual Educational Program – Special Education) to participate.

- ***Centerville Clinics** – 724-632-6801
Site Locations: Transformational Learning Center; Beth Center High School; Bentworth High School; Bentworth Middle School; and Bentworth Elementary School.

Community Residential Rehabilitation (CRR) – This service is provided outside of the parent/guardian’s home and in the home of foster parents that are trained in mental health therapeutic interventions, with supports provided by licensed clinical staff. This service must be recommended through a psychological or psychiatric evaluation and meet medical necessity criteria through the behavioral health insurance. This service is re-evaluated for continued need every 120 days. The child/adolescent receives individualized support, and the biological family receives support to help them when reunification occurs. Referrals are made by the BHDS Office, with the parent/guardian consent, after the mandatory initial ISPT meeting and if services are approved.

- ***Merakey** – 724-942-4677
- ***Pressley Ridge** – 412-442-4468

Residential Treatment Facility (RTF) – the most restrictive level of therapeutic intervention. This is a medically necessary (recommended by a *psychiatrist only*) service that provides 24 hour therapeutic intervention for the child/adolescent. Home visitation and parent visitation is encouraged increasing in time and frequency as return to home/discharge from facility is nearing. Continued stay is driven by re-evaluation every 120 days. Referrals to the RTF level of care are made by the BHDS Office with parent/guardian consent after the initial ISPT meeting and if services are approved.

Inpatient Psychiatric Hospitalization – this service is utilized when the child/adolescent is exhibiting behaviors that are potentially harmful to self/others and meet the medical necessity criteria for inpatient. Stabilization of behavior, medication therapy, and brief family therapy is provided. Typically hospitalization is short-termed, with referral to other less restrictive service recommended.

Some providers of this service are:

***Southwood Psychiatric Hospital - 412-257-2290**

***Western Psychiatric Institute and Clinic**

***Latrobe Hospital (as needed)**

Contact Information for Children’s Mental Health Department:

Perri Greco

Mental Health Program Director, Children and Adolescent Services

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Sara Sichi

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Rebecca Salsbury

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Direct referrals and questions regarding Family-Based Mental Health Services and CASSP meetings

Amy Wildman

Desk: 724-250-4065, Work Cell 724-914-8197, or e-mail at wildmana@co.washington.pa.us

Kelly Jones

Desk 724-250-4113 or e-mail at joneskel@co.washington.pa.us

All requests for IBHS, RTF, and CRR are to be sent to either Amy or Kelly.