

*1 in 5 adults experience Mental Illness*

*1 in 20 adults experience serious mental illness*

17 % of youth  
experience a Mental  
Health Disorder

50 % of all lifetime  
mental illness begins by  
age 14

And 75% by age 24

**24% of adults with  
Mental Illness  
report an unmet  
need for  
treatment.**

**This number has  
not declined since  
2011.**

The average delay  
between Mental Health  
symptoms and  
treatment is 11 years.



#### Ripple Effects of Mental Illness

**Increase in chronic disease.**

**Family acts are caretaker.**

**37% of those incarcerated have  
diagnosed mental illness.**

**21% of homeless population  
have mental illness**

**70% of youth in the juvenile  
justice system have a mental  
health condition.**

**1 in 8 visits to the emergency  
room are related to mental and  
substance abuse disorders.**

Suicide is the 2<sup>nd</sup> leading cause of  
death for people ages 10-24 and is the  
10<sup>th</sup> leading cause of death in the U.S.  
Transgender people are 12x more  
likely to attempt suicide than general  
population.

#### COVID Impact

From January to September of 2020 there was a 93%  
increase of people who took the anxiety screen and a 62%  
increase for the depression screening.

*9.7% of youth in the U.S. have sever major depression with the higher  
rate of 12.4% for bi-racial youth.*