

SERVICES

Justice Works Youth Care:

About: Justice Works provides innovative programs that identify and build on youth's and families' strengths. They create structure to positively redirect their lives. They help youth become good citizens and assist their families to resolve their problems and to be support pf their children. Their efforts help remedy damage to the community and restore community safety.

Programs:

Anger Management

About: The Anger Management program is a cognitive behavioral approach designed to help participants learn effective coping skills and become aware of their reactions in real life situations. The curriculum consists of participants using a workbook and mini essays which help the client better handle anger-provoking situations.

Family Group Decision Making (FGDM)

About: The purpose of FGDM is to establish a process for families to join with relatives, friends, and other identified supports to develop a culturally sensitive plan ensuring that youth are cared for and protected from future harm. The referred family has the opportunity to create their own solution to critical concerns.

Just Care

About: Just Care has the goal of reducing the length of stay in residential placements for both delinquent and dependent youth and to ensure successful outcomes when youth return to the community. Just Care insures that gains made in placement endure at home. Unlike most aftercare programs, planning for the transition home is done throughout the residential stay, and includes input from family and other stakeholders. During the youth's placement, Just Care works with the placement agency to focus their services in accordance with the reality of home and community. Prior to a child returning home, Just Care develops a concrete reintegration plan which identifies community resources. They build on strengths of the family and community. For 3 to 6 months upon a youth's return to a community, the staff supervises and supports the child's successful reintegration.

Nurturing Parent Program

About: This program educates families with histories of past trauma, physical/sexual abuse, and other challenging issues. Nurturing Parent can be utilized as part of an aftercare plan for youth returning home from placement or foster care. It is designed to resolve parent/youth conflicts, heal past wounds, and learn how to parent in an effective and caring way.

STOPP

About: STOPP is a high impact short term service which has proven it can keep children safe in their own homes despite multiple challenges. They work to address multiple challenges in the home which imperil children. STOPP has demonstrated that it can successfully intervene amidst profound challenges including drug abuse, severe hygiene issues, impending eviction or homelessness, and others. STOPP is highly proactive and the staff are in the home within 3 hours, or a referral 24 hours a day, seven days a week. Staff respond to emergency situations including family violence, drug overdoses, suicidal threats or other aberrant and threatening behavior.

Pressley Ridge:

About: Through their trauma-sensitive approach and family engagement models, Pressley Ridge's goal is to create lifelong connections. Their services include foster care; community-based mental and behavioral health; residential treatment; and specialized education for both autistic and deaf students, as well as alternative education for students with behavioral issues.

Services:

Foster Care & Adoption

Their foster care services are designed to provide children and youth with a safe, secure and stable setting in a quality, certified foster home.

Community-Based Services

Their Community-Based programs help to strengthen and keep families together, to empower youth and adults, and to offer coaching and self-discovery in the home, in the moment, and over time.

Education

Their specialized education services welcome kids into schools that start with their strengths and focus not only on the academic curriculum, but also on the important social and community skills that will extend to life outside of school.

Residential Treatment Services

Our Residential Treatment Facilities create supportive places to practice new possibilities and life contributions that are based on strengths and unique gifts and help create productive lives.

Blue Prints (Formerly Community Action Southwest then Try-Again Homes):

About: Build healthier communities by providing safe, nurturing places for children in need, and is dedicated to the growth, development and empowerment of individuals and families.

Programs:

After School Program

This program is designed for at-risk youth ages 1-17, who have been referred to our program from Children and Youth Services. The children must be an active CYS case throughout their entire term with our after-school program. The goal is to maintain the stability of the family system while providing interventions that assist the child and family through the crisis that created their referral. School attendance is also a priority in this program. Each of these factors contributes to the overall well-being of the youth.

Visitation House

Visitation is for children who are under the care/custody and supervision of Children and Youth Services. Most children have been removed from their family due to abuse, neglect, or incorrigibility. The goal is to reduce the amount of time children spend in out of home placements and improve/increase the time children have with their parents. Enhance the efforts of permanency planning and decrease the number of children moved from different foster placements.

Adoption

BluePrints, Inc. is a licensed adoption agency in Pennsylvania. We are an approved SWAN (Statewide Adoption Network) Affiliate Agency, allowing us to work with the waiting children and families in the Children and Youth System. We are also able to complete adoption work for private individuals wishing to adopt a child. The goal is to help the waiting children and families of Pennsylvania realize their dream of becoming a family through adoption. This includes completing child and family adoption profiles, providing post-placement services and finalization services and being there as an ongoing support system to families and children following the adoption finalization.

Family Preservation

Family preservation was created for disadvantaged families with children between the ages of birth and 17 years who are at risk of being placed outside the home due to abuse or neglect. Must have one adult member who voluntarily agrees to participate in the program. The goal is to enhance family functioning through the development of communication, parenting and problem-solving skills. It is our goal to reduce specific risk factors that may lead to future abuse or neglect by empowering the family through available community support programs. Ultimately, we hope to avoid removing the children from their natural homes.

Triple P Parenting

Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing.

Adelphoi Village:

About: Adelphoi Village is a private, non-profit agency dedicated to providing a continuum of quality services to children, youth and families. Headquartered in Latrobe, Pennsylvania, the agency offers exemplary and affordable human services programs that assist persons in need from over 60 counties. Established in 1971 as a single group home for troubled boys, the agency has expanded into an extensive network of community-based programs and services to over 950 boys and girls and their families on a daily basis.

Residential Services

Adelphoi's residential programs provide individual attention by trained professionals in a caring and respectful home-like environment.

Benefits:

- A full-time Board Certified Psychiatrist provides initial psychiatric evaluations to all youth needing mental health support.
- Recreation is an integral part of the treatment program for youth and includes weekly physical education classes, as well as regular recreation through outdoor play, intramural sports and outdoor excursions.
- Balanced and Restorative Justice (BARJ) principles are incorporated into programs, emphasizing community service projects, restitution payments, competency development, and victim restoration.
- Continuum of Care model offers a broad spectrum of services ranging from the least restrictive (in-home services) through the most restrictive (secure treatment). This allows youth to move from one program to another in a way that will help ensure success with a minimal amount of transitional difficulty.

Adoption/Foster Services

Adelphoi, a premier provider of foster/adoptive services in Southwestern PA, is a licensed adoption agency. Through its affiliation with the Statewide Adoption Network (SWAN), Adelphoi is able to register its adoptive parents through the Pennsylvania Adoption Exchange. Once registered, foster/adopt parents have the opportunity to seek information on adoptable children. In situations where a biological parents' right are terminated, Adelphoi Village families become a resource for adoption. Although private adoptions can be very expensive, adoptions through SWAN are subsidized when circumstances permit.

Education Services

Adelphoi Education Services provides alternative education services to school districts, as well as elementary school programs and credit recovery programs. Adelphoi believes that all students can be motivated to learn through content matter that is relevant to their lives and through increased opportunities for individualized attention.

Multisystemic Therapy

Multisystemic Therapy (MST) is a time-limited, intensive family intervention intended to stabilize the living arrangement, promote reunification, or prevent and reduce the utilization of out-of-home therapeutic resources. This approach focuses on the natural environment of the child and family and strives to change how the child functions within the context of his/her home, school, neighborhood and peer group. A major emphasis of MST is to empower the parents of caregivers with the skills and resources needed to become independent in addressing the difficulties that arise in raising adolescents, and to assist the youth in developing life-long coping skills.

Auberle:

About: To help thousands of children and their families through our programming and services including; workforce development, independent living and transitional-age youth programs, foster care, in-home intervention, drug and alcohol and mental health programs, education, and residential care and emergency shelter.

Residential Care

Residential Care serves boys (ages 13-20) and girls (ages 12-20) who are experiencing behavioral issues or family problems severe enough to keep them from remaining at home or with a family member. The goal of residential is to prepare the youth to return to their family, be placed in a kinship or foster home or transition to independent living based on their age. Residential programs also provide medical and education support services to youth in 24-hour residential and shelter care.

Foster Care

Foster Care is designed to provide a safe, secure, and nurturing home environment for newborns to 21-year olds in need of an out of home placement. Some children only stay for a few days until family members can be identified, while other children with complicated family issues stay with them for several years and may be adopted by their foster family.

Mental Health Services

Auberle Behavioral Health Services consist of both Mental Health and Substance Abuse treatment. Auberle has a strong and skilled clinical team of mental health professionals, including those licensed in Professional Counseling, Marriage & Family Therapy and Social Work. Auberle has its own Outpatient Mental Health License. Their services include individual, family, couples and group therapy for children, adolescents and adults.

Bair Foundation:

About: The Bair Foundation will provide Christ-centered quality care and services dedicated to the treatment, restoration and empowerment of children, youth and families.

Foster Care

Therapeutic Foster Care, also called Treatment Foster Care, involves placement of children and teens with families who have been specially trained to care for children with certain medical or behavioral needs. By matching the individualized needs of each child with the strengths of our foster families, we are able to make successful placements with minimal moves. Trained to implement Bair's treatment model, Structured Intervention Treatment Foster Care (SITFC), foster families are able to help children who have been traumatized, through commitment, sensitivity and responsiveness and by creating a sense of safety and security while looking beyond the behaviors.

Medically Needy Foster Care

3% of children that come into the foster care system have complex medical needs and multiple health issues. These children come into State care when their birth families cannot afford or manage their severe medical problems. As an alternative to placing them in a nursing home, we train foster families to meet their specialized medical needs in a home setting. We believe that a skilled, nurturing foster family can help a child not only thrive physically but emotionally as well. Youth, ages birth through 21 are referred by Child Welfare Agencies must meet criteria for medical foster care services as defined by the Department of Public Welfare. Youth must also be diagnosed by a licensed practitioner.

Adoption

In a foster-to-adopt placement, a child or teen is placed in a home before the child's biological parents' or guardians' parental rights have been legally terminated. Many times, while a child is in a foster home, they become eligible for adoption. Because of their commitment to the children placed in their home, many of our families that have been certified for foster care make the decision to adopt these children once parental rights have been terminated.

The Bair Foundation believes that children grow best in families. There are approximately 107,000 children in the US foster care system waiting on a forever family. The Bair Foundation provides various adoption services, depending on location. For more information on specific services, please visit our offices page and contact the Bair office closest to you.

Bair can assist with:

- Child Preparation Services
- Child Profiles
- Family Profile/Family Preparation
- Child Specific Recruitment
- Finalization

Family Services

Bair's Empowerment and Strengthening for Families (B.E.S.T.) is a unique program that promotes a strengths-based and family-focused model that incorporates community support and family strengths to create healthy interdependence. This program could begin while the child is in foster care preparing to transition back home or as a prevention tool to keep the child from an out of home placement. The Bair Foundation utilizes *Active Parenting*[™], a nationally recognized evidence-based parenting curriculum that has proven outcomes. *Active Parenting*[™] is an interactive learning experience that teaches families effective parenting skills.

The Bair Foundation maintains the Path to Permanency House and offers family empowerment services. Familiar visits and services are held in a local office that has been set up to resemble a natural home environment. The Path Program is designed to help parents attain the skills and resources to effectively care for their children. We also want to help the families identify their natural community supports, so that the family does not need to rely on the formal service system. Our hope is to help families to create a safe and nurturing home environment. Our team consists of several Family Advocate workers who work side-by-side with the families to help them reach their goals.

Bair offers the following Clinical Services:

- Family Therapy
- Community Supportive Services
- Consultation & Collaboration with Community, School & Social Service professionals
- School-based Interventions
- Behavior Management Training
- Child Development and Parent Effectiveness Skill Building
- Comprehensive Diagnostic Assessment
- Relationship Skill Building
- Individual Service Planning
- 24 hour Crisis Intervention to children & families served

The Children's Institute (Formerly Project Star):

About: The Children's Institute helps families draw upon their own unique strengths and abilities, and to discover all the resources available within themselves and their communities. By being empowered in this way, families are better able to provide a good family life for their children.

Services

- Adoption: Commit to a child as a forever family, and offer a place of permanence, security and love
- Foster Care: Provide a place of security, care and love for a period of time

- Medical Foster Care: Provide foster care with a medical component for a child in need
- Respite Care: Provide a temporary home for a few days or a few weeks, so the child's family can have rest and a chance for renewal
- Emergency Shelter Care: Provide a temporary home for a child needing immediate care

Project Pac

The Project PACT Program exists to promote a more rapid reunification rate for parents and their children in addition to addressing the particular needs associated with visitation. Since parental visitation is a primary predictor on reunification, the program works to maintain and strengthen the bond between parents and children.

Bethesda:

About: The vision of Bethesda Lutheran Services is to provide quality services that fulfill the social, emotional, and spiritual needs of children and youth by providing an effective and efficient continuum of care in a quality-focused environment.

The Intensive Treatment Units (ITU)

The ITU provides a structured environment staffed around the clock with highly trained, caring, and competent staff who encourage youth to take ownership in their treatment process. A master's level clinician works with each youth to create individualized and strength-based treatment plans; they also provide individual and family therapy. Youth participate in therapeutic groups and cognitive behavioral therapy and, on an as-needed basis, receive psychiatric, psychological, and medical consultations.

Group Homes

Group homes offer a home like living environment while focusing on independent living skills. Youth in group homes learn money-management and are encouraged to gain employment. Youth also learn to meal plan, grocery shop, create and adhere to a budget, basic home maintenance, and many other independent living skills. Individual; and family therapy will continue while the youth are in group homes.

Diagnostic Shelter

Bethesda provides a 28-day and a 45-day intensive diagnostic evaluation that includes psychiatric, psychologic educational, behavioral, social and family assessments. The assessments are compiled into an integrated and comprehensive clinical report that provides guidance and recommendations. During the diagnostic period, youth will receive individual therapy and on-site school programming.

Right Start

The Right Start program provides services to expectant and young mothers. A skilled team of staff works with the young women on skills to help them become strong, confident, and independent mothers using strategies and techniques aimed at stabilizing behavior, education, parenting skills, and independent living skills.

Keystone Human Services:

About: To create opportunities for growth and meaningful life choices so that all people can be valued, contributing members of their community.

Shelter Program

Keystone's Shelter Program is a short term program that's primary objective is to prepare male and female ages eight through twenty one in our care for placement in a permanent setting and/or for a return to family whenever possible. A supportive, structured and disciplined environment will be maintained, while the development of self-esteem, self-discipline and ethical decision making will be fostered by the primary Case Manager and Support Staff.

Residential Program

Keystone's Residential Program is a long term program for both male and females ages eight through twenty one whose situations make it impossible for them to remain in less structured settings. Children who have emotional and behavioral difficulties, delinquency charges, school avoidance issues, parent-child conflicts, runaway behaviors, abuse/neglect, drug and alcohol issues and mild mental retardation are accepted into placement. Those with developmental difficulties or extremely aggressive and violent children are also considered.

Southwood Psychiatric Hospital:

Mission: At Southwood Hospital, they are solely dedicated to providing high quality mental healthcare treatment for children and adolescents who are in need of compassionate care in order to address a variety of behavioral, emotional, and cognitive concerns. Their highly skilled staff puts forth every effort to offer youth a safe, comfortable, and therapeutic environment where they can develop the skills needed to live a happy, healthy life.

Disorders they treat:

- Depression
- Anxiety
- Bipolar
- Aggressive Treatment

- Self-Harm
- ADHD
- Sexually Maladaptive
- Conduct Disorder
- Asperger's Syndrome
- Intellectual Disability
- Autism

Impatient Program

Southwood is a provider for psychiatric services exclusively for children and adolescents, ages 4-21, who are struggling with a number of mental health concerns. Southwood's inpatient program has a bed capacity of 60, comprised of six separate and secure units. When available all adolescent units are gender specific and patient programming is separate. The children's unit (typically ages 4-12) is co-ed and patients are housed separately from the older adolescents. This arrangement allows for the utmost safety of all of our patients but ensures that your child is being treated in an effective therapeutic environment. Both children and all adolescent units provide comfortable rooms and fenced in outside activity areas.

Residential CHOICES program

Southwood Psychiatric Hospital offers a specific program for young males who are struggling with multiple diagnoses, including intellectual disabilities and sexually maladaptive behaviors. CHOICES Psychiatric Residential Treatment Facility, located in Bridgeville, Pennsylvania is a 32-bed facility serving the treatment needs of males aged 10-21 with significant mental health issues along with a history of inappropriate sexual behaviors.

IDD/ASD Program

Southwood Psychiatric Hospital has created an Intellectual Developmental Disability / Autism Spectrum Disorder (IDD/ASD) Residential Treatment Program. Located in Canonsburg, Pennsylvania, the IDD/ASD Program provides treatment for up to 44 males between the ages of 6 and 21 years of age. The staff-to-child ratio in this program is 1:4, ensuring that each patient who takes part in this programming option has the thorough support he needs to be successful during the treatment process. In the IDD/ASD Program, the treatment of the children and adolescents who are entrusted into our care is best effected through a collaborative interdisciplinary approach that follows the Child and Adolescent Service System Program (CASSP) principles.

Family Based Mental Health Program

Within this program, our team of Master's level clinicians and mental health workers are available 24 hours a day, 7 days per week to provide crisis stabilization services, therapeutic interventions, family support, and case management for youth and their families if the young person is deemed at-risk by professionals within the following counties:

- Beaver County
- Washington County
- Fayette County
- Green County

These services are intensive in nature and are designed to care for the needs of the whole family, not just the symptoms of a youth's mental illness. Our team of professionals, who possess clinical expertise in facilitating these services, are on call for those who are engaged in this program so that the families receiving this care have ample support for the duration of treatment.

Centerville Clinics:

About: Family Based Mental Health Services are provided to eligible families with children and/or adolescents under the age of 21 with a serious mental illness or emotional disturbance who are at risk of psychiatric hospitalization or out of home placement. Related objectives are to strengthen and maintain families by means of therapeutic intervention, improve coping skills, teach family members to care for the child, and serve as an advocate for the child.

Partial Hospitalization

The primary purpose for this is to provide a planned program of therapy and other treatment modalities, for clients with a mental disability who require more extensive treatment that can be provided on an outpatient basis and yet who are not so severely disturbed as to require total inpatient care.

Early Intervention:

About: The Early Intervention (EI) program is a family-centered, confidential program children birth to three years of age. EI consists of services and supports designed to help families with children who have developmental delays. While all children grow and change at their own rate, some children can experience delays in their development. EI provides supports and services to young children and their families to help the child grow and develop.

Early Intervention provides ideas for how a family can help their child at home as well as in the community, and is individualized to enhance both growth and learning. If a child is attending an early care/education setting, EI teachers,

therapists, and specialists can assist the early childhood staff with strategies to promote development. Early Intervention can also assist families in finding and linking to a variety of community services and supports.

George Junior Republic:

About: George Junior Republic's residential program provides state-of-the-art living facilities, fully accredited academic and vocational educational programs, leisure and recreation activities, and a broad continuum of medical care and mental health treatment designed to create an atmosphere where youth are able to experience positive and lasting development. The wide array of our community-based programs are designed to keep children and families together through prevention and aftercare services, intensive therapy, and school and community collaboration.

Intensive Supervision

The Intensive Supervision Unit Program is designed to offer a safe and secure treatment environment to youth who present high-risk behaviors or present as a threat to abscond. The facilities are designed for maximum supervision, high staff to youth ratios, and a high level of involvement of the youth in pro-social activities and efforts. By addressing the youth's behavior patterns in a structured manner, reinforcement schedules aimed at social skills will address his needs. Each youth will participate in a structured and disciplined lifestyle within the program with a decreasing amount of supervision and structure as he adjusts and displays the ability to function. Youth will be given more decision making tasks as they progress within the system. The goal for this program is to provide treatment and stabilization with an eventual transition to a less restrictive environment.

General Residential Program

The goal of the General Residential Program at George Junior Republic is to provide each youth with a structured, fair, firm, and consistent environment in which to develop appropriate socialization skills. The program is designed to identify inappropriate behaviors and teach, correct, and reinforce alternative behaviors to the youth. Patterns of appropriate behaviors that are reinforced daily build patterns on interactions, which the youth will implement into his daily routine. Individual and group therapy provided through outpatient services, complementing the coping skills taught through the behavioral system.

Mental Health Therapy

George Junior Republic provides comprehensive and professional therapy for each youth in our care. All youth are assigned to a treatment team that includes a:

- Psychiatrist
- Masters Level Therapist
- Nurse
- Clinical supervisor
- Child care staff

Wesley Spectrum:

About: Wesley Spectrum Services provides a diverse range of autism, behavioral health, education and family support services to individuals and families in western Pennsylvania. They create life-changing support by integrating our services to best meet the needs of those we serve.

Autism Services

Outpatient: Wesley Spectrum's outpatient services provide psychological and psychiatric evaluations, on-going medication management, diagnostic assessments, as well as individual, family, and group counseling.

Behavioral Health Rehabilitation: BHRS provides medically necessary behavioral consultation, therapy, and interventions for children ages 18 month – 20 years with autism spectrum disorders. BHRS promotes independence by transferring the skills and expertise of BHRS staff to the family, school, or other child-serving systems.

Wonder Kids: Wonder Kids is a social skills group for children ages 5 to 21 which provides therapeutic and social relationship interventions designed to teach and enhance age-appropriate social skills. Wonder Kids is a step down from BHRS.

In Home Child and Family Services

In home child and family services provide intensive, family systems-focused interventions for children and families referred by the Westmoreland Children's Bureau, the Allegheny County Office of Children, Youth and Families, and Juvenile Probation Departments.

Northwestern Human Services (NHS):

About: NHS is at the forefront of providing care and services to people with special needs. Today NHS, is a leading provider of community-based, nonprofit education and human services. NHS has developed a continuum of care providing services.

Mental Health: NHS offers a continuum of care in behavioral health (includes mental health and addictive diseases), integrating services in both community and site based settings. These services provide a wide range of recovery focused treatment, services, and supports for children and adults.

Services provide include:

- Outpatient
- Parent Child Interaction
- Parents and Children Together
- Partial Hospitalized Program
- Socialization Rehabilitation

Community Based Services:

- Assertive Community Treatment
- Behavioral Health Rehabilitation
- Case Management/recovery Services
- Community Health Liaison
- Community and School Based Behavioral Health
- Crisis Intervention
- Supports for Permanency

Residential Services:

- Community Residential Rehabilitation
- Lehigh Girls Residential Treatment
- Intensive Treatment Program